

## New Testament

Book	Action	Reason
Matthew	With both hands place a crown on your head.	Matthew emphasizes the kingship of Christ.
Mark	Arms down, hands crossed in front, head bowed.	Mark emphasizes Christ's servant hood.
Luke	Fingers and thumb of right hand circle in front of neck. Then trail down to a point at the breast bone.	The symbol of a stethoscope. Luke was a doctor.
John	Cradle arms then point to the sky with right index finger and forearm.	John emphasizes that Jesus is the Son of God.
Acts	First two fingers of right hand walk up and down left arm	Acts gives the accounts of many missionary journeys.
Romans	Shake right fist with index finger pointing. (teaching posture).	This is an instructional book.
I & II Corinthians	Hold up equivalent fingers while saying, "first, second". Then do a "spanking" motion with right hand on your backside.	Paul is writing to correct (admonish) many problems.
Galatians	Shake head as you rub crossed index fingers. ("tsk-tsk" motion)	Paul is reminding the Galatians that adding anything to Christ's work for salvation is wrong and dangerous.
Ephesians	Hold up your two index fingers then bring them together and entwine.	The two becoming one. Eph 2:11-21
Philippians	Lean body forward with arms extended back. (running a race "breaking-the-tape" posture)	Pressing on toward the goal. Eph 3:13-14
Colossians	Extend arms out into "cross" position, then up to place a crown on your head.	Christ's elevation from the cross to the crown.
I & II Thessalonians	Hold up equivalent fingers while saying, "first, second". Then pretend to play a trumpet.	Paul teaches of Christ's second coming.
I & II Timothy	Hold up equivalent fingers while saying, "first, second". Pretend to put your right arm around someone's shoulders, and squeeze slightly a few times. (Like a father would do to a son.)	Paul is writing to and encouraging his "Son in the Faith", Timothy.
Titus	Extend arms, open palms up and together, first to the left then center then right. (Like you are distributing something to lots of people.)	Devote (yourselves) to doing what is good. Titus 3:8
Philemon	Arms bent at your sides and pretend a "jogging" motion.	Philemon is urged by Paul to welcome back his runaway slave as a free brother in Christ.
Hebrews	Pretend to be sitting on a throne.	Hebrews emphasizes Christ as the one High Priest of the Church.
James	Point to your tongue	James speaks of "taming the tongue" James 3:1-12
I & II Peter	Point index finger to the inner corner of the right eye and trail an imaginary tear down right cheek (say "first"). Point two fingers to the inner corner of the left eye (say "second").	Peter addresses the sufferings of the early Church.
I & II & III John	Hold up equivalent fingers while saying, "first, second and third", then cross both arms over your heart while you say "John".	Emphasis on the love of God.
Jude	Bend knees, arms out and hands splayed. "Beware!" stance.	Warning to beware of false teachers.
Revelation	Pretend to be knocking on a door with your right fist	"Behold I stand at the door and knock..." Rev. 3:20